

Reporting

Healthy Schools Assessment report for Inland Leaders Charter School.

Policy & Environment

QUESTION		STATUS	ACTION ITEM	COLUMN
PO-1	Representative school health committee or team	Fully in place	No	-
PO-2	Written school health and safety policies	Fully in place	No	-
PO-3	Local school wellness policy	Fully in place	No	-
PO-4	School start times	Partially in place	No	-
PO-5	Health services provided by a full-time school nurse	Partially in place	No	-
PO-6	Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	Fully in place	No	-
PO-7	Parenting strategies	Under development	Yes	This year's goals
PO-8	Family engagement in school decision making	Fully in place	No	-
PO-9	Community involvement in school health initiatives	Partially in place	Yes	This year's goals
PO-10	Out-of-school programs	Partially in place	Yes	To work on

Nutrition Services

QUESTION		STATUS	ACTION ITEM	COLUMN
NS-1	Breakfast and lunch programs	Under development	No	-
NS-2	School breakfast	Not in place	No	-
NS-3	School lunch	Under development	Yes	To work on
NS-4	Variety of offerings in school meals	Partially in place	No	-
NS-5	Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	Fully in place	No	-
NS-6	Annual continuing education and training requirements for school nutrition services staff	Fully in place	No	-
NS-7	Venues outside the cafeteria offer fruits and vegetables	Fully in place	No	-
NS-8	Collaboration between school nutrition services staff members and teachers	Fully in place	No	-
NS-9	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	Partially in place	No	-
NS-10	Prohibit using food as reward or punishment	Fully in place	No	-

QUESTION		STATUS	ACTION ITEM	COLUMN
NS-11	Adequate time to eat school meals	Fully in place	No	-
NS-12	Farm to School activities	Fully in place	No	-

Smart Snacks

QUESTION		STATUS	ACTION ITEM	COLUMN
SS-1	All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-2	All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-3	Food and beverage marketing	Fully in place	No	-
SS-4	All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-5	All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-6	All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-7	Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-

Health & Physical Education

QUESTION		STATUS	ACTION ITEM	COLUMN
HPE-1	Minutes of physical education per week	Fully in place	No	-
HPE-2	Years of physical education	Fully in place	No	-
HPE-3	Sequential physical education curriculum consistent with standards	Fully in place	No	-
HPE-4	Students active at least 50% of class time	Fully in place	No	-
HPE-5	Professional development for physical education teachers	Fully in place	No	-
HPE-6	Information and materials for physical education teachers	Fully in place	No	-
HPE-7	Licensed physical education teachers	Fully in place	No	-
HPE-8	Health education taught in all grades	Fully in place	No	-
HPE-9	Required health education course	Fully in place	No	-
HPE-10	Essential topics on physical activity	Fully in place	No	-
HPE-11	Essential topics on healthy eating	Fully in place	No	-
HPE-12	Opportunities to practice skills	Fully in place	No	-

Physical Activity

QUESTION		STATUS	ACTION ITEM	COLUMN
PA-1	Recess	Fully in place	No	-
PA-2	Availability of physical activity breaks in classrooms	Fully in place	No	-
PA-3	Promotion or support of walking and bicycling to and/or from school	Partially in place	No	-
PA-4	Availability of before- and after-school physical activity opportunities	Fully in place	No	-
PA-5	Professional development for classroom teachers	Under development	Yes	This year's goals
PA-6	Prohibit using physical activity as punishment	Fully in place	No	-
PA-7	Prohibit withholding recess as punishment	Fully in place	No	-
PA-8	Access to physical activity facilities outside school hours	Fully in place	No	-

Employee Wellness

QUESTION		STATUS	ACTION ITEM	COLUMN
EW-1	Health assessments for staff members	Fully in place	No	-
EW-2	Programs for staff members on physical activity/fitness	Not in place	No	-
EW-3	Programs for staff members on healthy eating/weight management	Not in place	Yes	This year's goals
EW-4	Promote staff member participation	Fully in place	No	-
EW-5	Stress management programs for staff	Partially in place	No	-
EW-6	All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-

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