## Families Making the Connection

## Farm to School

Farm to School: local food, use of local food in school meals and student taste tests, collaboration with local farmers and food partners, classroom curriculum, hands-on cooking and gardening, support of healthy local food environments, community engagement, and other areas.

ILCS has a school garden at the CSC campus and Mrs. Ahrens has done an excellent job maintaining and planting!
If you want more information about how you can get involved give her an email:
Chrens@inlandleaders.com.

**April** 

National Garden MonthEarth Day (April 22)

## Menus for April 2020

**Inland Leaders Charter Schools** 

Tienas for 7	(p. 11 2020	Illiand Leader's Charter Schools		
		Wednesday, April 1	Thursday, April 2	Friday, April 3
		NO SCHOOL	NO SCHOOL	NO SCHOOL
Monday, April 6	Tuesday, April 7	Wednesday, April 8	Thursday, April 9	Friday, April 10
NO SCHOOL	Cheese Quesadilla Banana/Grapes Milk Pinto Beans Broccoli Peas  Fresh Fruit/Veggie Bar	Meat Loaf Brown Rice Banana/Apples Milk Peas Crouton Garbanzo Beans Fresh Fruit/Veggie Bar	Spaghetti with Meat Sauce or Marinara Green Beans Banana/Apple Roll Milk Fresh Fruit Veggie Bar	Pita Pizza Apple/Pineapple Milk Peas Diced Chicken Garbanzo beans Fresh Fruit/Veggie Bar
Monday, April 13	Tuesday, April 14	Wednesday, April 15	Thursday, April 16	Friday, April 17
<ul> <li>Pulled Pork</li> <li>Potato Wedge</li> <li>Banana/Strawberries</li> <li>Milk</li> <li>Croutons</li> </ul>	Taco Bar Orange/Grapes Milk Pinto Beans Broccoli Crouton	Beef Enchiladas Pears / Apples Milk Peas Roll Pinto Beans	Chicken Broccoli Bowl Apple/Grapes Roll Milk	French Bread Pizza Banana/Pineapple Milk Broccoli Pinto beans
Fresh Fruit/Veggie Bar	Fresh Fruit/Veggie Bar	Fresh Fruit/Veggie Bar	Fresh Fruit Veggie Bar	Fresh Fruit/Veggie Bar
Monday, April 20	Tuesday, April 21	Wednesday, April 22	Thursday, April 23	Friday, April 24
Spaghetti with Meat Sauce or Marinara Green Beans Banana/Apple Roll Milk	Beef Quesadilla Banana/Grapes Milk Pinto Beans Broccoli	Chicken Cheese Burritos Apples/Banana Broccoli Milk	Three Bean Chili Pears/Apples Milk Peas Roll Croutons	Calzone Pepperoni Pizza Banana/Pineapple Milk Broccoli Garbanzo beans
_ Fresh Fruit Veggie Bar	Fresh Fruit/Veggie Bar	Fresh Fruit/Veggie Bar	Fresh Fruit/Veggie Bar	Fresh Fruit/Veggie Bar
Monday, April 27	Tuesday, April 28	Wednesday, April 29	Thursday, April 30	
Chicken Broccoli Bowl Apple/Grapes Roll Milk	Taco Bar Orange/Grapes Milk Pinto Beans Broccoli Crouton	Meat Loaf Brown Rice Banana/Apples Milk Peas Crouton Garbanzo Beans	Chicken Patty Sandwich Banana/Strawberries Milk Croutons	
Fresh Fruit Veggie Bar -	Fresh Fruit/Veggie Bar	Fresh Fruit/Veggie Bar	Fresh Fruit/Veggie Bar	Farm to School