

Families Making the Connection

Wild About School Lunch

Did you know October 11-15 is officially National School Lunch Week? The #NSBW2021 theme is “Wild About School Lunch”. Lions, tigers and bears—oh, my! Tacos, rice bowls and wraps—oh, yum!

The National School Lunch Program serves nearly 30 million children every school day. President John F. Kennedy created National School Lunch Week (NSLW) to promote the importance of a healthy school lunch in a child’s life and the impact it has inside and outside of the classroom.

During NSLW, School Nutrition professionals, school staff and students will find ways to safely celebrate with their schools and districts through special menus, events, activities and more. The 2021 NSLW theme will allow schools to have fun, be creative and spotlight hit menu items that kids are wild about.

Let’s recognize our essential School Nutrition professionals during #NSLW2021 and all month for their amazing, dedicated efforts to provide appealing, nutritious school meals every day. Recognize our #NCSchoolNutritionHeroes with a thank you card, social media post, etc. For more info about school meals and NSLW, visit www.schoolnutrition.org.

Menus for October 2021

				Friday, October 1
				Teriyaki Broccoli Bowl Fresh Fruit/Veggie Milk BSC Grab and Go
Monday, October 4	Tuesday, October 5	Wednesday, October 6	Thursday, October 7	Friday, October 8
Chicken Patty Sandwich/ Hamburger Chips Milk Fresh Fruit/Veggie BSC Grab and Go	Tacos Chips Milk Fresh Fruit/Veggie BSC Grab and Go	Turkey /Ham Lunch Kit Crackers Milk Fresh Fruit/Veggie BSC Grab and Go	Hamburger/Lunch Kit Chips Milk Fresh Fruit/Veggie BSC Grab and Go	Corn Dog Cracker Milk Fresh Fruit/Veggie BSC Grab and Go
Monday, October 11	Tuesday, October 12	Wednesday, October 13	Thursday, October 14	Friday, October 15
Tuna Subs or Turkey Subs Crackers Fresh Fruit/Veggie Milk BSC Grab and Go	Teriyaki Broccoli Bowl Subs Rice Milk Fresh Fruit/Veggie BSC Grab and Go	Pulled Pork Sandwich/ Lunch Kit Chips Milk Fresh Fruit/Veggie BSC Grab and Go	Taquito Chips Milk Fresh Fruit/Veggie BSC Grab and Go	Pizza Cracker Milk Fresh Fruit BSC Grab and Go
Monday, October 18	Tuesday, October 19	Wednesday, October 20	Thursday, October 21	Friday, October 22
Burrito Chips Milk Fresh Fruit/Veggie BSC Grab and Go	Chicken Nuggets Sun Chips Fresh Fruit/Veggie Milk BSC Grab and Go	Tacos Beans Milk Fresh Fruit/Veggie BSC Grab and Go	Breaded Beef Patty Sandwich Chips Milk Fresh Fruit/Veggie BSC Grab and Go	Meat Loaf Brown Rice/Corn Milk Fresh Fruit/Veggie Middle School– Lasagna BSC Grab and Go
Monday, October 25	Tuesday, October 26	Wednesday, October 27	Thursday, October 28	Friday, October 29
Corn Dog Sun Chips Fresh Fruit/Veggie Milk BSC Grab and Go	Teriyaki Broccoli Bowl Rice Milk Fresh Fruit/Veggie BSC Grab and Go	Pizza Cracker Milk Fresh Fruit BSC Grab and Go	Totally Taco Quesadillas Chips Milk Fresh Fruit/Veggie BSC Grab and Go	Chicken Taquito Milk Fresh Fruit/Veggie BSC Grab and Go